

**Rationale**

Provide an example and rationale (i.e. digestion) of why to do this

**Ask to tell**

Ask the student to tell the story of the trauma in movie-like details and take notes

**Break down story**

Break down story into parts and ask student what he/she feels (NOW) at each part

**Ask to re-tell**

Ask student to re-tell story. and get FT ratings for the 2-3 most bothersome parts.

**Repeat**

Repeat until distress is reduced if possible, or schedule another meeting

**Plan for group disclosure**

Plan for disclosure and support in the group meetings (sessions 6 and 7)